

## Sample Alternative Requirements

The following are examples of modifications to rank requirements. Actual plans need to be tailored to the unique abilities of each Scout, but these should give you an idea of what they might look like. Members of the Special Needs Committee are willing to consult with you and the Council Advancement Committee in developing these plans.

# Modifications for Tenderfoot Rank for Disabled Scout

1. Stated requirement: Present yourself to your leader, properly dressed, before going on an overnight camping trip. Show the camping gear you will use. Show the right way to pack and carry. Completed unmodified at Camp Long Lake June 1999.
2. Stated requirement: Spend at least one night on a patrol or troop campout. Sleep in a tent you have helped pitch. Completed unmodified at Troop Canoe Trip Spring 1999.
3. Stated requirement: On the campout, assist in preparing and cooking one of your patrol's meals. Tell why it is important for each patrol member to share in meal preparation and cleanup, and explain the importance of eating together. Completed Troop Canoe Trip Spring 1999 with demonstration instead of verbal explanation.
- 4a. Stated requirement: Demonstrate how to whip and fuse the ends of a rope. Completed Unmodified at Camp Long Lake, June 1999.
- 4b. Stated requirement: Demonstrate that you know how to tie the following knots and tell what their uses are: Two half hitches and the taut-line hitch. Completed unmodified at Camp Long Lake, June 1999.
5. Stated requirement: Explain the rules of safe hiking both on the highway and cross-country during the day and at night. Explain what to do if you are lost. PROPOSED MODIFICATIONS: Scout will demonstrate the rules of safe hiking while on a hike with a leader.
6. Stated requirement: Demonstrate how to display, raise, lower, and fold the American flag. Completed unmodified at Troop meeting September, 1999.
7. Stated requirement: Repeat from memory and explain in your own words the Scout Oath, Law, motto and slogan. PROPOSED MODIFICATIONS: Scout will display that he understands the Scout Oath, Law, Motto, and Slogan by displaying the correct conduct at all times. With the help of his parents, he will produce a paragraph showing his understanding of the Oath, Law, motto, and slogan.
8. Stated requirement: Know your patrol name, give the patrol yell, and describe your patrol flag PROPOSED MODIFICATIONS; Scout will do this in writing.
9. Stated requirement: Explain why we use the buddy system in Scouting. PROPOSED MODIFICATIONS; With the help of his parents. Scout will write a paragraph about the buddy system. He will demonstrate his understanding of the buddy system by using it at all Troop outings.
- 10a. Stated requirement: Record your best in the following tests: push-ups, pull-ups, sit-ups, standing long jump, 1/4 mile walk/run. No modifications.
- 10b. Stated requirement: Show improvement in the activities listed in requirement 10a after practicing for 30 days. No modifications.
11. Stated requirement: Identify local poisonous plants; tell how to treat for exposure to them. Completed unmodified Camp Long Lake, June 1999.
- 12a. Stated requirement: Demonstrate the Heimlich maneuver and tell when it is used. Completed unmodified Camp Long Lake, June 1999.
- 12b. Stated requirement: Show first aid for the following: Simple cuts and scratches, blisters on the hand and foot, minor burns of scalds, bites or stings of insects and ticks, poisonous snakebite, nosebleed, frostbite and sunburn. Completed unmodified Camp Long Lake, June 1999.
13. Stated Requirement: Participate in a Scoutmaster Conference. PROPOSED MODIFICATION: Scout will do as described with one of his parents using alternative communication methods such as writing

14. Stated requirement: Complete your board of review. PROPOSED MODIFICATION; Scout will do as described. The board of review members will provide the scout with any questions the anticipate asking him ahead of time so that his parents can review them with the scout prior to the review. He will use alternative communication methods to answer the questions.

## Modifications for Second Class Rank for Disabled Scout

1a. Stated Requirement: Demonstrate how a compass works and how to orient a map. Explain what map symbols mean. PROPOSED MODIFICATIONS: Scout will do this to the best of his ability with the assistance of one of his parents or leader. Completed with Modifications September 21,1999

1b. Stated Requirement: Using a compass and a map together, take a 5-mile hike (or 10 miles by bike) approved by your adult leader and your parent guardian. PROPOSED MODIFICATIONS: Scout will do as described to the best of his ability with the assistance of one of his parents or a leader. Completed September 19,1999

2a. Stated Requirement: Since Joining, have participated in five separate activities (other than troop or patrol meetings), two of which included camping overnight

Completed unmodified at

Troop Canoe Trip 1999

Camp Long Lake, June 1999

Bike Ride, September 1999

Elm Grove Park Clean-up, May 1999

Court of Honor and Cook-out at Naga-Wauke Park, August 1999

Devils Lake Campout, October 1999.

2b. Stated Requirement: On one of these campouts, select your patrol site, and sleep in a tent that you pitched.

PROPOSED MODIFICATION: Scout will do as described with the assistance of one of his parents or a leader

2c. Stated Requirement: On one campout, demonstrate proper care, sharpening and use of the, knife, saw, and ax and describe what they should be used for. PROPOSED MODIFICATION: Scout will do as described with the assistance of a parent or a leader

2d. Stated requirement: Use the tools listed in requirement 2c to prepare tinder, kindling, and fuel for a cooking fire. PROPOSED MODIFICATION: Scout will do as described with the assistance of a parent or a leader.

2e. Stated requirement: Discuss when it is appropriate to use a cooking fire and a light-weight stove. Discuss the safety procedures for using both. Completed unmodified Troop meeting September 28, 1999.

2f. Stated requirement: Demonstrate how to light a fire and a lightweight stove. PROPOSED MODIFICATION: This requirement should be waived because Scout's Parents do not want him to learn how to start a fire.

2g. Stated requirement: On one campout, plan and cook over an open fire one hot breakfast or lunch for yourself, selecting foods from the four basic food groups. Explain the importance of good nutrition. Tell how to transport, store and prepare the foods you selected. PROPOSED MODIFICATION: Scout will plan and cook a meal with the assistance of a parent. He will write a paragraph about good nutrition with the assistance of a parent He will demonstrate how to transport, store, and prepare the food by the act of doing it.

3. Stated requirement: Participate in a flag ceremony for your school, religious institution, chartered organization, community or troop activity. Completed Troop meeting, September 28,1999.

4. Stated requirement: Participate in an approved (minimum of one hour) service project. Completed Unmodified at Troop Clean-up of park. May 30, 1999.

5. Stated requirement: Identify or show evidence of at least ten kinds of wild animals (birds, mammals, reptiles, fish, mollusks) found in your community. PROPOSED MODIFICATION: Scout will produce a list of at least 10 animals he has seen and where he saw them. He will do this with the assistance of his parents.

6a. Stated requirement: Show what to do for "hurry" cases of stopped breathing, serious bleeding and internal poisoning. PROPOSED MODIFICATION: Scout will demonstrate how to stop serious bleeding. He will not be able to respond to a person who has stopped breathing or has internal poisoning.

- 6b. Stated requirement: Prepare a personal first aid kit to take with you on a hike. **PROPOSED MODIFICATION:** Scout will do this with the assistance of a parent.
- 6c. Stated requirement: Demonstrated first aid for the following: object in the eye, bite of suspected rabid animal, puncture wounds from a splinter, nail, and fishhook, serious burns, heat exhaustion, shock, heatstroke, dehydration, hypothermia and hyperventilation. Completed Camp Long Lake, June 1999.
- 7a. Stated requirement: Tell what precautions must be taken for a safe swim. **PROPOSED MODIFICATIONS:** With the assistance of his parents, Scout will make a poster demonstrating safe swimming.
- 7b. Stated requirement: Demonstrate your ability to jump feet first into water over your head in depth, level off and swim 25 feet on the surface, stop, turn sharply, resume swimming, then return to your starting place. Completed unmodified at Camp Long, June 1999, B swimmer test.
- 7c. Stated requirement: Demonstrate water rescue methods by reaching with your arm or leg, by reaching with a suitable object, and by throwing lines and objects. Explain why swimming rescues should not be attempted when a reaching or throwing rescue is possible, and explain why and how a rescue swimmer should avoid contact with the victim. **PROPOSED MODIFICATION:** With the assistance of a parent and a leader, Scout will demonstrate water rescue methods. He will do a poster describing why not to attempt a swimming rescue when reaching or throwing is possible and why and how contact with the victim is to be avoided.
8. Stated requirement: Participate in a school, community, or troop program on the dangers of using drugs, alcohol, and tobacco and other practices that could be harmful to your health. Discuss your participation in the program with your family. Completed unmodified in the DARE program at school, Spring 1999.
9. Stated requirement: Demonstrate Scout spirit by living the Scout Oath (Promise) and the Scout Law in your everyday life. Completed unmodified. Scout does this at all times.
10. Stated Requirement: Participate in a Scoutmaster Conference. **PROPOSED MODIFICATION:** Scout will do as described with the assistance of one of his parents using alternative communication methods such as writing.
11. Stated requirement: Complete your board of review. **PROPOSED MODIFICATIONS:** Scout will do as described. The board of review members will provide the scout with any questions they anticipate asking him ahead of time so that his parents can review them with the Scout prior to the review. He will use alternative communication methods to answer the questions.

## **Modifications for First Class Rank for a Disabled Scout**

1. Stated requirements: Demonstrate how to find directions during the day and at night without using a compass. **PROPOSED MODIFICATIONS:** With the assistance of one of his parents or a leader, the scout will use the North Star method and the Shadow-stick method to find directions during the day and at night to the best of his ability.
2. Stated requirements: Using a compass, complete an orienteering course that covers at least one mile and requires measuring the height and/or width of designated items (tree, tower, canyon, ditch, etc.). **PROPOSED MODIFICATIONS:** Scout will complete the task as described with the assistance of a scout leader.
3. Stated requirements: Since joining, have participated in ten separate troop/patrol activities (other than troop/patrol meetings), three of which included camping overnight. **NO MODIFICATIONS.**
- 4a. Stated requirements: Help plan a patrol menu for one campout - including one breakfast, lunch, and dinner - that requires cooking. Tell how the menu includes the four basic food groups and meets nutritional needs. **PROPOSED MODIFICATIONS:** With assistance from one of his parents or the troop leader, the scout will plan a menu and demonstrate (with a food pyramid) how it meets the requirements of the four basic food groups and nutritional needs.
- 4b. Stated requirements: Using the menu planned in requirement 4a, make a list showing the cost and food amounts needed to feed three or more boys and secure the ingredients. **NO MODIFICATIONS.**

- 4c. Stated requirements: Tell which pans, utensils, and other gear will be needed to cook and serve these meals  
**PROPOSED MODIFICATION:** Scout will demonstrate the gear and utensils needed to cook and serve these meals.
- 4d. Stated requirements: Explain the procedures to following the safe handling and storage of fresh meats, dairy products, eggs, vegetables, and other perishable food products. Tell how to properly dispose of camp garbage, cans, plastic containers, and other rubbish. **PROPOSED MODIFICATIONS:** With the assistance of one of his parents, the scout will demonstrate safe handling and storage of foods and how to properly dispose of garbage.
- 4e. Stated requirements: On one campout, serve as your patrol's cook. Supervise your assistant(s) in using a stove or building a cooking fire. Prepare the breakfast, lunch, and dinner planned in requirement 4a. Lead your patrol in saying grace at the meals and supervise cleanup. **PROPOSED MODIFICATIONS:** With the assistance of a parent or a leader, the scout will complete the requirement as outlined.
5. Stated requirements: Visit and discuss with a selected individual approved by your leader (elected official, judge, attorney, civil servant, principal, teacher) your Constitutional rights and obligations as a U.S. citizen. **PROPOSED MODIFICATIONS:** With the assistance of one of his parents, the scout will do as described using Alternative communication methods.
6. Stated requirements: Identify or show evidence of at least ten kinds of native plants found in your community. **PROPOSED MODIFICATIONS:** With the assistance of his parents, the scout will collect 10 kinds of plant leaves and make a poster identifying them.
- 7a. Stated requirements: Discuss when you should and should not use lashings. **PROPOSED MODIFICATIONS:** With the assistance of his parents, the scout will write a short Paragraph about when lashings should and should not be used.
- 7b. Stated requirements: Demonstrate tying the timber hitch and clove hitch and their use in square, shear, and diagonal lashings by joining two or more poles or staves together. **PROPOSED MODIFICATIONS:** With the assistance of his parents or scout leader, the scout will complete the requirements.
- 7c. Stated requirements: Use lashing to make a useful camp gadget. **PROPOSED MODIFICATIONS:** With the assistance of a parent or scout leader, the scout will complete the requirements.
- 8a. Stated requirements: Demonstrate tying the bowline knot and describe several ways it can be used. **PROPOSED MODIFICATIONS:** With the assistance of a parent of scout leader, the scout will complete the requirements.
- 8b. Stated requirements: Demonstrate bandages for a sprained ankle and for injuries on the head, the upper arm, and the collarbone. **PROPOSED MODIFICATIONS:** With the assistance of a parent, the scout will demonstrate the appropriate bandages..
- 8c. Stated requirements: Show how to transport by yourself, and with one other person, a person from a smoke filled room and a person with a sprained ankle, for at least 25 yards. **PROPOSED MODIFICATIONS:** With the assistance of a parent and another scout, the scout will demonstrate how to transport a person from a smoke filled room and a person with a sprained ankle.
- 8d. Stated requirements: Tell the five most common signs of a heart attack. Explain the steps (procedures) in cardiopulmonary resuscitation (CPR). **PROPOSED MODIFICATIONS:** With the assistance of a parent, the scout will write a paragraph listing the signs of a heart attack and CPR.
- 9a. Stated requirements: Tell what precautions must be taken for a safe trip afloat. **PROPOSED MODIFICATIONS:** Scout will demonstrate his understanding of safety afloat by adhering to these rules while on the water.
- 9b. Stated requirements: Successfully complete the BSA swimmer test. **PROPOSED MODIFICATIONS:** With another scout swimming with him to guide him, the scout will complete this requirement unmodified.
- 9c. Stated requirements: Demonstrate survival skills by leaping into deep water wearing clothes ( shoes, socks, swim trunks, long pants, belt and long-sleeved shirt). Remove shoes and socks, inflate the shirt, and show that you can float using the shirt for support. Remove and inflate the pants for support. Swim 50 feet using the inflated pants for support then show how to re-inflate the pants while using them for support. **PROPOSED MODIFICATIONS:** With the assistance of a leader and using another scout as a model, the scout will complete this requirement to the best of his ability. Instead of using both shirt and pants as flotation devices, the scout will select one to complete the requirement.

- 9d. Stated requirements: With a helper and a practice victim, show a line rescue both as tender and as rescuer. (The practice victim should be approximately 30 feet from shore in deep water.) PROPOSED MODIFICATIONS: With other scouts and a parent to assist him, the scout will complete this requirement to the best of his ability.
10. Stated requirements: Demonstrate Scout spirit by living the Scout Oath (Promise) and Scout Law in your everyday life. COMPLETE UNMODIFIED: Scout demonstrates these at all times.
11. Stated Requirements: Participate in a Scoutmaster Conference. PROPOSED MODIFICATION: Scout will do as described with one of his parents using alternative communication methods such as writing
12. Stated Requirements: Complete your board of review. PROPOSED MODIFICATION; Scout will do as described. The board of review members will provide the scout with any questions they anticipate asking him ahead of time so that his parents can review them with the scout prior to the review. He will use alternative communication methods to answer the questions.